

# School of Creative Arts Therapies

Postgraduate Diploma to Master Level  
Industry Relevant Programmes

Postgraduate Diploma  
in Creative Arts  
Therapy



Gemma Bowman

Whitecliffe is the only school in Aotearoa New Zealand to offer the suite of Creative Arts Therapy programmes that are recognised for professional registration with the Australia, New Zealand and Asia Creative Arts Therapy Association ANZACATA.



**Postgraduate Diploma**  
Level 8 • 120 credits



**Duration**  
1 year



**Location**  
Auckland\* + Christchurch



**Delivery**  
Distance with 10 in-person seminars



**Next intake**  
February

\*Auckland - Manukau

[whitecliffe.ac.nz](http://whitecliffe.ac.nz) • 0800 800 300  
[admissions@whitecliffe.ac.nz](mailto:admissions@whitecliffe.ac.nz)

# Develop confidence and practice to contribute to an emerging field

## Postgraduate Diploma in Creative Arts Therapy

The Postgraduate Diploma in Creative Arts Therapy offers an introduction to the foundational philosophy, theories, and practices relating to the Creative Arts Therapy, and focuses on developing skills relevant to the workplace.

This programme is highly innovative and combines creativity and compassion to enhance well-being. There is a strong focus on developing confidence to strengthen practice, which considers a range of factors such as context, presenting problems, and appropriate arts modalities. The programme also supports culturally sensitive practices informed by the Māori worldview as well as other cultures. The Postgraduate Diploma in Creative Arts Therapy implements a blended learning structure, and includes a combination of topics including creative studio, social aspects of creative arts therapy, psychology of creative arts therapy, and group creative arts therapy.

### Graduates of this programme will be able to

- Understand foundational philosophy, theories, and practices relating to Creative Arts Therapy
- Acquire relevant skills for the workplace
- Apply for the Master of Arts in Creative Arts Therapy (Clinical).

### Further study options

Level 9      Master of Arts in Creative Arts Therapy (Clinical)

- Students with previous clinical or other professional qualifications are able to integrate creative arts therapy theory and practice into their professional role
- Students without previous clinical experience are prepared for further study towards a range of roles in the Creative Arts Therapy professions.

