

*Where your practice
meets real purpose.*



**Master of
Creative
Arts Therapy
(Clinical)**



Qualification

Level 9 / 240 credits



Duration

2 years



Delivery

Distance + some
in-person seminars
+ placements



Location

Auckland Manukau
Christchurch



Next intakes

January

ARTS THERAPY

Whitecliffe is proud to be the only institution in Aotearoa New Zealand offering a full suite of Creative Arts Therapy programmes recognised for professional registration with ANZACATA.

Our Master in Creative Arts Therapy (MCAT) is a two-year journey grounded in Aotearoa's cultural realities and shaped by the **A | R | T | S** philosophy - four pillars that don't just run side-by-side, but continually spark, test, and refine your work: **Arts Practice, Research Capacities, Therapy Capacities, and Situated Practice.**

From day one you are immersed. **Workshops** in Auckland (Manukau) or Christchurch bring together **Māori and Western knowledge systems**: think wairuatanga, rongona, and māramatanga - art as knowing, as response, as healing. **Research, ethics, and clinical skills** are all equally alive, never just a theory, always intertwined with your **hands-on, real-world placements.**

This isn't a programme where you sit back.

You engage, create, and treat—supported by **expert faculty**, funded clinical supervision, and in a community that values whakawhanaungatanga and manaakitanga.

Your second year pushes you further: an **independent research project** that's genuinely – vibrantly—yours, and exhibition work that integrates your learning. Finally around **750 hours of supervised clinical experience** that meets, and often exceeds, ANZACATA's standards for accreditation.

Here your growth is anchored in action, reflection, and the care that only comes from real collaboration.

Whitecliffe's MCAT prepares you for professional registration and for making a difference in health, education, community, or private practice.

This is not just a qualification – it is a future built on care, identity, and change.

For more in-depth information please pick up or download our prospectus, visit our website or **give us a call.**

Applications are open now.

Whitecliffe.

Get in touch

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www.whitecliffe.ac.nz