

Programme structures

CREATIVE ARTS THERAPY

POSTGRADUATE DIPLOMA IN CREATIVE ARTS THERAPY

Throughout the year you engage in a comprehensive learning programme that blends in-person seminars with online tutorials and independent study. The programme runs from February to November, featuring:

- 21 days of face-to-face seminar sessions, held on weekends once a month
- Smaller online regional group tutorials between seminars
- A mix of collaborative projects and individual learning activities

This structure ensures continuous engagement and skill development throughout the programme, balancing intensive weekend sessions with ongoing online learning and independent work.

SEMESTER 1

Over 11 seminar days and several online sessions, you engage with two courses focused on Creative Arts Practice and Therapy Capacities.

SEMESTER 2

Over 10 seminar days and several online sessions, you will engage with two courses focused on Research Capacities and Situated Practice.

MASTER OF CREATIVE ARTS THERAPY (CLINICAL)

Year 1

Over the year, you will attend 21 days of in-person seminar sessions divided into four blocks. These are held in February, April, July and September. Between these seminars, you attend smaller online regional group tutorials and engage in collaborative and solo learning activities.

In Year 1 of the MCAT, courses run in parallel apart from the Situated Practice course which begins mid-year, during which you will engage with clients in supervised placements.

SEMESTER 1

You will engage simultaneously with courses focusing on Creative Arts Practice, Research Capacities and Therapy Capacities over two seminar blocks and multiple online tutorials.

SEMESTER 2

You will continue your focus on Creative Arts Practice, Research Capacities and Therapy Capacities, along with Situated Practice. The courses are further explored and developed, again, over two seminar blocks, plus online tutorials and engagement in supervised placements. The semester culminates in the presentation of your research dissertation project and participation in our CAT Exhibition.

Year 2

The final year consists of 21 days of in-person seminar sessions divided into four blocks. These are, again, held in February, April, July and September. Between these seminars you continue with your smaller online regional group tutorials and collaborative and solo learning activities.

In Year 2 of the MCAT, the courses run in parallel. However, the Research Capacities course ends in September with the submitting of your dissertation and presenting of your research.

SEMESTER 1

Again, you engage simultaneously with courses focusing on Creative Arts Practice, Research Capacities, Therapy Capacities and Situated Practice. This happens over two seminar blocks, plus online tutorials. Furthermore, you will begin the development of a research dissertation project and engage in a placement.

SEMESTER 2

Continuing the exploration of Creative Arts Practice, Research Capacities, Therapy Capacities and Situated Practice over two seminar blocks and plus online tutorials. The semester culminates in the presentation of your research dissertation project, an engagement in a placement and participation in our CAT Exhibition.

120 credits

120 credits

Level 8, 120 credits

Level 9, MCAT 240 credits

Note: Schedule may be subject to change